

CLASS SCHEDULE

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
5am							
530am							
6am							
630am		Group (6:45am)		Group (6:45am)			
7am		Yolanda		Yolanda			
730am							
8am							
830am							
9am							
930am							
10am	Group (10:00am)						
1030am	Yolanda						
11am							
1130am							
12pm						Group (Time Varies)	
1230pm						Yolanda	
1pm							
130pm							
2pm							
230pm							
3pm							
330pm							
4pm							
430pm							
5pm				Group (5:00pm)			
530pm				Jason			
6pm	Group (6:00pm)						
630pm	Yolanda			Group (6:30pm)			
7pm				Yolanda			
730pm							
8pm							
830pm							
9pm							
930pm							